



Dietary Supplements of Plant Origin

Massimo Maffei

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Dietary Supplements of Plant Origin gives both general and specialized readers a comprehensive overview on plant-based dietary supplements, concentrating on those found in the European market. It examines industrial plants as supplement sources, and discusses drug-like compounds derived from food plants and spices, as well as the biotechnology of plant-derived dietary supplements. It also details the biochemistry, physiology, and bioengineering of various bioactive compounds from plants and looks at the interaction of herbs with other medicines, using the example of St. John's Wort. A chapter offering resources for botanical dietary supplements provides a vehicle for further exploration.

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