



The Hike - and every damn thing else

Don Shaw

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Once more we meet Freddy, Phil and Don – the hilarious, yet deep thinking, tales of three retired men determined to keep hiking to the bitter end in their beloved Peak District – but each for very different reasons...

Phil – a former air-traffic controller and the group’s self-appointed leader – is on a mission not to grow old. He believes his combination of obsessive physical exercise and the latest health supplements will hold back time.

His constant sparring partner is Freddy – a shambolic slacker who prefers to stroll and smell the flowers. Freddy’s eternal mission is to find the meaning of life. Until he does, he takes consolation in outmanoeuvring the vulgar, aspirational world around him with his very own art of ‘onedownmanship’. Thankfully they have Don to calm the waters. All Don asks for in return is some peace, tranquility and perhaps a decent pint when they reach their destination.

What all three share is a withering view of the modern world – a place resounding to the noise of traffic jams and mobile phones. And as they enjoy the peace of their weekly walks, weathering all that the elements and local characters can throw at them, they waste no time in setting that world to rights.

Why not join them?

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