



Preggatinis: Mixology for the Mom-to-Be

Natalie Bovis Nelsen

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Within these pages are 75 original Preggadini recipes highlighting fresh juices, herbs, and garnishes as well as ideas for Preggadini Parties - a modern spin on the humdrum baby shower. Organized by pregnancy stages and symptoms, this lavishly illustrated, pocket-sized, virtually intoxicating guide also offers quotes from famous mums about pregnancy and health and such options as 'De-virginize for Dad' - making these drinks applicable to all. This includes a recipe exclusively provided by Celebrity Chef Michel Richard, recipient of the 2007 Outstanding Chef James Beard award, author of "Happy in the Kitchen", and owner of the legendary Citronelle restaurant in Washington, DC.

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