



Farming Soul: A Tale of Initiation

Patricia Damery

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Farming Soul questions theories and assumptions that date back to the days of Freud, assumptions that separate spirituality from psychology. Patricia Damery finds answers through unconventional teachers and her relationship to the land -answers that are surprisingly intertwined.

During Patricia's individuation process she experiences the importance of being rooted in a particular place, guided by the tenets of Rudolf Steiner's Biodynamic® agriculture. Her professional journey to become a Jungian analyst is a path filled with review committees and unorthodox teachers.

Farming Soul offers perspective on the complex dynamic of the therapist/patient bond and a personal account of when to rely on one's inner authority. This is a book about soul embodied and the essential recognition that spiritual, ecological, and psychological exploration is essential to reconnecting to our deeper selves.



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