

Coming of Age with Aging Parents: The Bungles, Battles, and Blessings

Gail Goeller

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Caring for an aging parent can be a journey of a thousand miles, each one sparking a breakthrough in personal growth and understanding. Coming of Age with Aging Parents charts these milestones through compassionate and sometimes humorous real-life stories. Probing questions following each story help you reframe events in your own eldercare experiences so you can emerge with not only fresh perspectives on eldercare but increased purpose, power, and happiness.



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