



And So to Bed: Style in the Bedroom

Joanna Copestick

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The idea of the bedroom as a retreat within the home is the inspiration for this stunning book. From rustic charm and urban minimalism to Eastern exoticism, And So to Bed explores the bedroom in all its variety, providing a creative and informed approach to choosing a bed, setting a mood, and getting a good night's sleep. Laden with sophisticated ideas for transforming bedrooms with bedding, lighting, and accessories, And So to Bed also features practical guidance on comfort and health, design and materials. Enhanced with 130 color photos of beds, bedrooms, and linens, this gorgeous book is complete with a brief history of the bed and its importance in literature and art. Interior design writer Joanna Copestick is the author of The Family Home and co-author of Natural Decorating and Contemporary Decorating.



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