

# The Seed Underground: A Growing Revolution to Save Food

Janisse Ray



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There is no despair in a seed. There's only life, waiting for the right conditions-sun and water, warmth and soil-to be set free. Everyday, millions upon millions of seeds lift their two green wings.

At no time in our history have Americans been more obsessed with food. Options- including those for local, sustainable, and organic food-seem limitless. And yet, our food supply is profoundly at risk. Farmers and gardeners a century ago had five times the possibilities of what to plant than farmers and gardeners do today; we are losing untold numbers of plant varieties to genetically modified industrial monocultures. In her latest work of literary nonfiction, award-winning author and activist Janisse Ray argues that if we are to secure the future of food, we first must understand where it all begins: the seed.

*The Seed Underground* is a journey to the frontier of seed-saving. It is driven by stories, both the author's own and those from people who are waging a lush and quiet revolution in thousands of gardens across America to preserve our traditional cornucopia of food by simply growing old varieties and eating them. *The Seed Underground* pays tribute to time-honored and threatened varieties, deconstructs the politics and genetics of seeds, and reveals the astonishing characters who grow, study, and save them.

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