



Sand in My Sandwich: And Other Motherhood Messes I'm Learning to Love

Sarah Parshall Perry

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There is no perfect family, no life free of mess.

But in the midst of all of it, God is there, reminding us, "My child, I got this."

You know that thing when you're in Walmart at noon before you discover you haven't brushed your teeth? Sarah Parshall Perry gets that. She also gets weird things showing up in her bed, her daughter requesting war paint, and her son crawling into a giant blue sock on Christmas morning. Sometimes, she gets that conflicted feeling of finding her kids hanging out in the dog's cage and realizing that, yes, dog cages are not for people, but . . . they have stopped getting into trouble.

According to Perry, "The hardest stuff is the quickest way to God." And if the systematic destruction of her carefully planned life is any indication, she's on the fast track to sainthood! A mother of three children, two of whom are on the autism spectrum, she has experienced plenty of ups and downs. But from the chaos of her "ordinary" life, she pulls truth packed with humor, poignancy, and a naked honesty that will make you realize you are not alone in this delightfully messy thing called motherhood.

So sit back, relax awhile, and get ready to laugh.

"Brokenness is part of our humanity and Sarah Perry gets it. *Sand in My Sandwich* is her story of living with transparency, grace, humor, and hope. No matter your challenge today, you will find yourself in her story. This book is a must-read for every woman."--**Shannon Royce**, president and CEO, ChosenFamilies.org

Sarah Parshall Perry (JD, University of Virginia School of Law) is a wife and mother of three young children. She is the coauthor of *When the Fairy Dust Settles* (with her mother, Janet Parshall) and the author of numerous magazine articles, award-winning short stories, and poetry. Sarah has served in youth ministry for over ten years and is currently writing for www.ChosenFamilies.org where she encourages other families living with disabilities. She lives in Maryland.

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