



New Slow City: Living Simply in the World's Fastest City

William Powers

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Burned-out after years of doing development work around the world, William Powers spent a season in a 12-foot-by-12-foot cabin off the grid in North Carolina, as recounted in his award-winning memoir *Twelve by Twelve*. Could he live a similarly minimalist life in the heart of New York City? To find out, Powers and his wife jettisoned 80 percent of their stuff, left their 2,000-square-foot Queens townhouse, and moved into a 350-square-foot “micro-apartment” in Greenwich Village. Downshifting to a two-day workweek, Powers explores the viability of Slow Food and Slow Money, technology fasts and urban sanctuaries. Discovering a colorful cast of New Yorkers attempting to resist the culture of Total Work, Powers offers an inspiring exploration for anyone trying to make urban life more people- and planet-friendly.

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