



Living Well, Spending Less: 12 Secrets of the Good Life

Ruth Soukup

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Living Well, Spending Less: 12 Secrets of the Good Life Ruth Soukup **In Search of the Good Life**

Have you ever that your life--and budget--is spiraling out of control? Do you sometimes wish you could pull yourself together but wonder exactly how to manage all the scattered pieces of a chaotic life? Is it possible to find balance???

In a word, *yes*.??

Ruth Soukup knows firsthand how stressful an unorganized life and budget can be. Through personal stories, biblical truth, and practical action plans, she will inspire you to make real and lasting changes to your personal goals, home, and finances. With honesty and the wisdom of someone who has been there, Ruth will help you:

- * Discover your "sweet spot"--that place where your talents and abilities intersect.
- * Take back your time and schedule by making simple shifts in your daily habits.
- * Reduce stress in your home and family by clearing out the clutter.
- * Stop busting your budget and learn to cut your grocery bill in half.
- * Bring order to a messy life and create a practical cleaning schedule that works.

Who Needs This Book?

Living Well, Spending Less was written to bring hope and encouragement to every woman who currently feels overwhelmed or stressed with a life--and budget--that feels out of control. It speaks to the mom trying to juggle all the demands of a busy life with the pressure to keep up with those around her. It is a practical guide for those of us who often long to pull ourselves together but don't always know how. It is real, honest, packed with practical tips, and speaks to the heart of the matter--how can we live the life we've always wanted?

Want to know if this book is for you?

- * Do you ever find yourself comparing your life to those around you?
- * Have you ever wished for the courage to follow your dreams?
- * Do you ever struggle to stay organized or get things done?
- * Have you ever felt loaded down with stuff you don't need....or even want?
- * Do you ever struggle to keep your finances on track?
- * Have you ever wished for a cleaner house?
- * Do you sometimes long for deeper, more authentic relationships in your life?

If the answer to any of these questions is YES, this book provides real and practical solutions from someone who has been there. Ruth doesn't just offer advice, she walks it with you, and shares with brutal honesty her own mistakes, failures, and shortcomings. It is encouraging, motivating, and life-changing.

What Others Are Saying:

"An incredible book that will teach you how to spend smart without compromising a great life. Ruth's stories and practical advice will make you want to be a better mother, wife, sister, and friend."

--RACHEL CRUZE, coauthor with Dave Ramsey of *Smart Money Smart Kids*

"Ruth knows firsthand how mamas like us live crazy busy lives, and she steps in as a friend to help us manage and love every minute of it. She offers her best tips for gaining control over the chaos with wisdom-based insights on all things thrifty and family. I'll be reading it again and again!"

--RENEE SWOPE, bestselling author of *A Confident Heart*

"I couldn't stop reading. I tried to--only because I had other things I needed to do--but I couldn't. Rarely is there a book so adept at weaving personal story with practical tips. I found myself craving this good life that Ruth writes of--a life that is possible for anyone who reads this book."

--EMILY T. WIERENGA, author of the bestselling memoir *Atlas Girl*

"In this book, you will be inspired by Ruth's authenticity and honesty as she shares her own journey from spending time and money chasing after more to discovering she already has all the makings of a rich and full life right where she's at. If you struggle to simplify your life and wish you could savor the here and now, this book is a must-read."

--CRYSTAL PAINE, founder of MoneySavingMom.com and author of *Say Goodbye to Survival Mode*

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Heather Snyder:

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Michael Griffin:

Your reading 6th sense will not betray you, why because this Living Well, Spending Less: 12 Secrets of the Good Life reserve written by well-known writer who knows well how to make book which can be understand by anyone who also read the book. Written throughout good manner for you, leaking every ideas and writing skill only for eliminate your hunger then you still hesitation Living Well, Spending Less: 12 Secrets of the Good Life as good book not only by the cover but also with the content. This is one book that can break don't assess book by its include, so do you still needing yet another sixth sense to pick this kind of!? Oh come on your examining sixth sense already alerted you so why you have to listening to yet another sixth sense.

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