



# The Psychology of Enlightenment: Meditations on the Seven Energy Centers

Chitrabhanu, Lyssa Miller

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## The Psychology of Enlightenment: Meditations on the Seven **Energy Centers**

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The Psychology of Enlightenment: Meditations on the Seven Energy Centers Chitrabhanu, Lyssa Miller This book is intended to instruct students of meditation in techniques for unfolding and experiencing their inner energy as developed by the anckent meditative traditions of India.



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